

Conference Fees:

€320.00 for non-members (*early bird fee: €280.00)
€280.00 for ISST members (*early bird fee: €250.00)
€200.00 for full time Graduate Students, Interns, Residents
and emerging countries. Listing of countries are
on the website (*early bird fee: €170.00)
€50.00 pre-conference workshop (1/2 day)
€40.00 pre-conference workshop for ISST members and
emerging countries (1/2 day)

**Early Registration is before February 9th, 2012*

For more information and to register on the web go to
www.isst-online.com

*Research and Practice in Schema Therapy:
Attachment, Re-parenting, and the
Therapy Relationship*

THURSDAY, FRIDAY, & SATURDAY
MAY 17, 18 & 19, 2012

*New York, New York
The New York Academy of Sciences*

7 WORLD TRADE CENTER
250 GREENWICH STREET, 40TH FLOOR

Wendy Behary,

President, ISST

David Berstein, Ph.D.

President, ISST 2010 Conference Committee

Marleen Rijkeboer, Ph.D.

Head, Scientific Committee



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250 GREENWICH STREET, 40TH FLOOR
NEW YORK, NY 10007-2157
212.298.8600

About the Conference

Schema Therapy was developed by Jeffrey Young, Ph.D. to treat patients suffering from chronic psychological disorders. A series of recent studies, including both individual and groups forms of Schema Therapy, have shown that 70 to 94% of patients with Borderline Personality Disorder (BPD) treated with Schema Therapy experience clinically significant improvement across all BPD symptoms, with a very low drop out rate. A large percentage achieved full recovery.

The goal of Schema Therapy is to help patients get their core emotional needs met through the modification of deeply imbedded maladaptive memories, emotions, bodily sensations, core beliefs, and self-defeating coping styles. Limited reparenting is at the heart of this process. It involves reshaping the early attachments which form the core of one's self and is based upon a therapeutic relationship that is more flexible and responsive than that of most other approaches. Both patients and therapists attribute Schema Therapy's ability to produce deeper personality changes to limited reparenting and the uniquely responsive therapeutic relationship it is based upon. The theme of the 5th conference of the ISST will therefore be dedicated to attachment theory, limited reparenting, and the therapeutic relationship and their contributions to healthy change and transformation for patients with psychopathologic disorders.

7 Reasons to Attend

1. Experience one of the most vibrant, and exciting cities in the world at its most beautiful time of year.
2. Join leading researchers and clinicians from around the world as they share their latest insights and discoveries in the treatment of some of our most challenging patients.
3. Learn about the newly emerging and ground breaking advances in treating Antisocial Personality Disorder and how to apply these findings to your clinical work.
4. Learn about recent research findings on the therapeutic alliance and how they relate to the practice of Schema Therapy.
5. Learn about the latest advances in attachment theory and attachment based family therapy and how they relate to individual and Group Schema Therapy.
6. Learn about recent advances in working with children and adolescents.
7. Learn about Group Schema Therapy for BPD, a recent advance that has, according one study, led to even stronger outcomes than those found in previous investigations.

Program

Thursday, May 17th, 2012

Pre-conference workshops:

Wendy Behary, LCSW: Reparenting and Self-Disclosure
Arnoud Arntz, Ph.D. & Hannie van Genderen, M.Sc.: Working with Avoidant Patients
David Bernstein, Ph.D., Jeffrey Roelofs & Tineke van der Linden: Working with Children and Adolescents
Joan Farrell, Ph.D. & Ida Shaw: Working in Groups
Travis Atkinson, L.C.S.W.: Working with Couples
Jeffrey Young, Ph.D.: Working with a Strong Detached Protector

Invited Keynote lectures:

Jeffrey Young, Ph.D.: The Evolution of Limited Reparenting & Attachment in Schema Therapy.
Jeremy Safran, Ph.D.: Negotiating Ruptures in the Therapeutic Alliance
Arnoud Arntz, Ph.D.: The Importance of Training and the Therapy Relationship in Schema Therapy
Guy Diamond, Ph.D.: Attachment Based Family Therapy: Theory and Technique for Repairing Attachment Ruptures
David Bernstein, Ph.D.: Re-Parenting a Psychopath: Is it Possible, and Does it Matter?

In the afternoons there are clinical workshops and research presentations.

Dinner party, Friday evening.

CE credits are pending.

Keynote Speakers & Workshop Faculty

Arnoud Arntz, Ph.D. is professor of Clinical Psychology and Experimental Psychopathology at the University of Maastricht, the Netherlands. He is scientific director of the Research Center of Experimental Psychopathology of Maastricht University and of the Dutch-Flemish Graduate Research School for PhD training. He also practices as a psychotherapist at the Community Mental Health Center of Maastricht, where he mainly treats patients with personality disorders.

Travis Atkinson, L.C.S.W., is the Clinical Director of Advanced Cognitive Therapy of New York. He is affiliated with the Cognitive Therapy Center of New York, and on the faculty at the Schema Therapy Institute. He has been extensively trained by Dr. Jeffrey E. Young in Schema Therapy, by Dr. Susan Johnson in Emotionally Focused Couples Therapy, and by Dr. John Gottman in the Gottman approach to couples therapy. He is well known as an expert in marriage and couples therapy.

Wendy Behary, L.C.S.W. is the director of The Cognitive Therapy Center of New Jersey and The New Jersey Institute for Schema Therapy, is on the faculty of the Cognitive Therapy Center and Schema Therapy Institute of New York and is the President of the Executive Board of the International Society of Schema Therapy. She is the author of "Disarming the Narcissist...Surviving and Thriving with the Self-Absorbed".

David Bernstein, Ph.D. is Professor of Forensic Psychotherapy at Maastricht University and Forensic Psychiatric Center 'de Rooyse Wissel', The Netherlands. He is Chair of the Forensic Psychology Section in the Faculty of Psychology and Neuroscience at Maastricht University and is Vice President of the International Society of Schema Therapy. He is the author or co-author of over 90 publications on forensic psychology, personality disorders, and childhood trauma including Schema Therapy: Distinctive Features (Routledge Press), and the forthcoming Treating Aggression, Addiction, and Personality Disorder: A Schema Focused Approach to Complex, Antisocial Patients (Guilford Press).

Guy Diamond, Ph.D. is a family psychologist, Associate Professor the Department of Psychiatry at the University of Pennsylvania, and the Director of the Center for Family Intervention Science at The Children's Hospital of Philadelphia. Dr. Diamond has been the principal investigator on several federal, state and foundation grants and has published widely on family focused treatment outcome and process research. He is the primary developer of Attachment Base Family Therapy, an empirically supported intervention for adolescent depression and suicide.

Joan Farrell, Ph.D. is an ISST Certified Schema Therapist Trainer/supervisor specializing in Borderline Personality Disorder and group work. With Ida Shaw, MA, she developed a highly effective model of Group Schema Therapy for BPD. She is an adjunct professor of psychology at Purdue University Indianapolis and held a clinical professor appointment at Indiana University School of Medicine for 25 years. She is clinical director of its Center for BPD Treatment & Research. With Ida, she co-directs the Indianapolis Center of the Schema Therapy Institute Midwest.

Jeremy D. Safran, Ph.D. is Professor of Psychology at the New School for Social Research, and former Director of Clinical Psychology. He was previously Director of the Cognitive Therapy Unit in the Department of Psychiatry at the University of Toronto. Dr. Safran has been Senior Research Scientist and co-principal investigator at the Brief Psychotherapy Research Program at Beth Israel Medical Center for the last 20 years. His research program on therapeutic alliance ruptures has been funded by two NIMH grants. Dr. Safran has published several books, and he has lectured throughout North America, Latin America and Europe.

Ida Shaw, M.A. is an ISST Certified Schema Therapist Trainer/Supervisor specializing in Borderline Personality Disorder. She brings training in Experiential psychotherapy and developmental psychology to the Group Schema Therapy model she co-developed, and is a master of group limited reparenting. She is training director, Center for BPD Treatment & Research, IUSM, Midtown CMHC. Hannie van Genderen, M.Sc. is employed at the Mental Health Center in Maastricht as a clinical psychologist and senior consultant on research. She was trained in Schema Therapy by Dr. Jeffrey Young beginning in 1995. She closely collaborates with Dr. A. Arntz of the Maastricht University, with whom she has written the book 'Schema Therapy for the Borderline Personality Disorder' (Wiley, 2009). She is a trainer and supervisor in Schema Therapy and Cognitive Behavioral therapy in the Netherlands. She is member of the board of the International Society of Schema Therapy and the Dutch Schema Therapy Association. In both boards she is the coordinator of Training and Certification.

Jeffrey Young, Ph.D., is the Director of the Cognitive Therapy Center of New York as well as the Schema Therapy Institute. He serves on the faculty in the Department of Psychiatry at Columbia University. Dr. Young is the founder of Schema Therapy and is a Founding Fellow of the Academy of Cognitive Therapy. He has published extensively on both schema and cognitive therapies, including "Schema Therapy: A Practitioner's Guide", written for mental health professionals and "Reinventing Your Life", a best selling self-help book for clients.

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